



# Jayant Mistry

Inclusive Sports Development  
Officer – EFDS East Midlands



[www.efds.co.uk](http://www.efds.co.uk)

# Pete Edwards – Nott's County Council



- Cricket
- Golf
- Football



**Nottinghamshire  
County Council**



Disability Sport Events



Inclusive fitness



Inclusive Training

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# Abdul Asghar

p/t assistant Sports Development  
Officer – EFDS East Midlands



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# Project Outline



- Identify current inclusive clubs and create new opportunities
- To support NGB's of sport in leading, planning and promoting dedicated disability sport across the region
- Establish partnership working to develop effective club development
- Increase athletes, officials, volunteers and coaches through taster days, funding, workshops and awards
- Help shape the player pathways



# 5 Focus Sports - Abdul

- Wheelchair Badminton
- Table Tennis
- Sitting Volleyball
- Wheelchair Fencing
- Adaptive Rowing



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# EFDS Mission Statement



"To be the united voice of disability sport seeking to promote inclusion and achieve equality of sporting opportunities for disabled people."



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# EFDS



- Nine regional EFDS offices
- East Midlands staff – Ray Ashley, Jayant Mistry, Abdul Asghar (p/t), Dan West, Pat Stroud
- Regional ISDO / 8 regional sports specific disability groups / Inspire to Lead / Athletes as advocates / Health through activity / 5 independent regional county research plans / YODO
- Regional websites including: local news and events / sports clubs / sports contacts including links
- EFDS NGB partnership group / partnership charter



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# Main barriers to participation for disabled people



- Suitable clubs – 40%
- Lack of information – 25%
- Transport - 18%
- Money – 16%



# What can we offer?



- Market knowledge and insight – understanding the sporting aspirations of different impairment groups
- Policy and strategy – how to develop the approach and plans to encourage disabled people to take a more pro-active role in your sport
- Investment – how to source funding for disability sport programmes
- Marketing – how to build a higher profile for your sport among disabled people



# Why now?



- **9% of disabled people take part in sport and physical activity as opposed to 23% of non disabled people (active people survey)**
- **Disability targets in whole sport plans – 2009/2013**
- **London 2012 – Olympics AND Paralympics**
- **Model of good practice**
- **Support mechanism (not on your own) / NOT policing**
- **Identify gaps in support**
- **It's the right thing to do!**



# Background to the NGB self evaluation matrix



- Partners involved – Derby, Nott's, Linc, Leics, Northants, EFDS
- Current support – R.D.O. forum
- Dedicated or inclusive sports?
- Different needs for individual / team sports?



# The task!



- Split into 2 groups (individual / team sports)
- 5 mins per heading, feedback on flipchart
- 3 questions:
  - 1. what is the meaning of the heading?
  - 2. why do you think it was identified as a priority?
  - 3. who can offer support?

**25 Mins**



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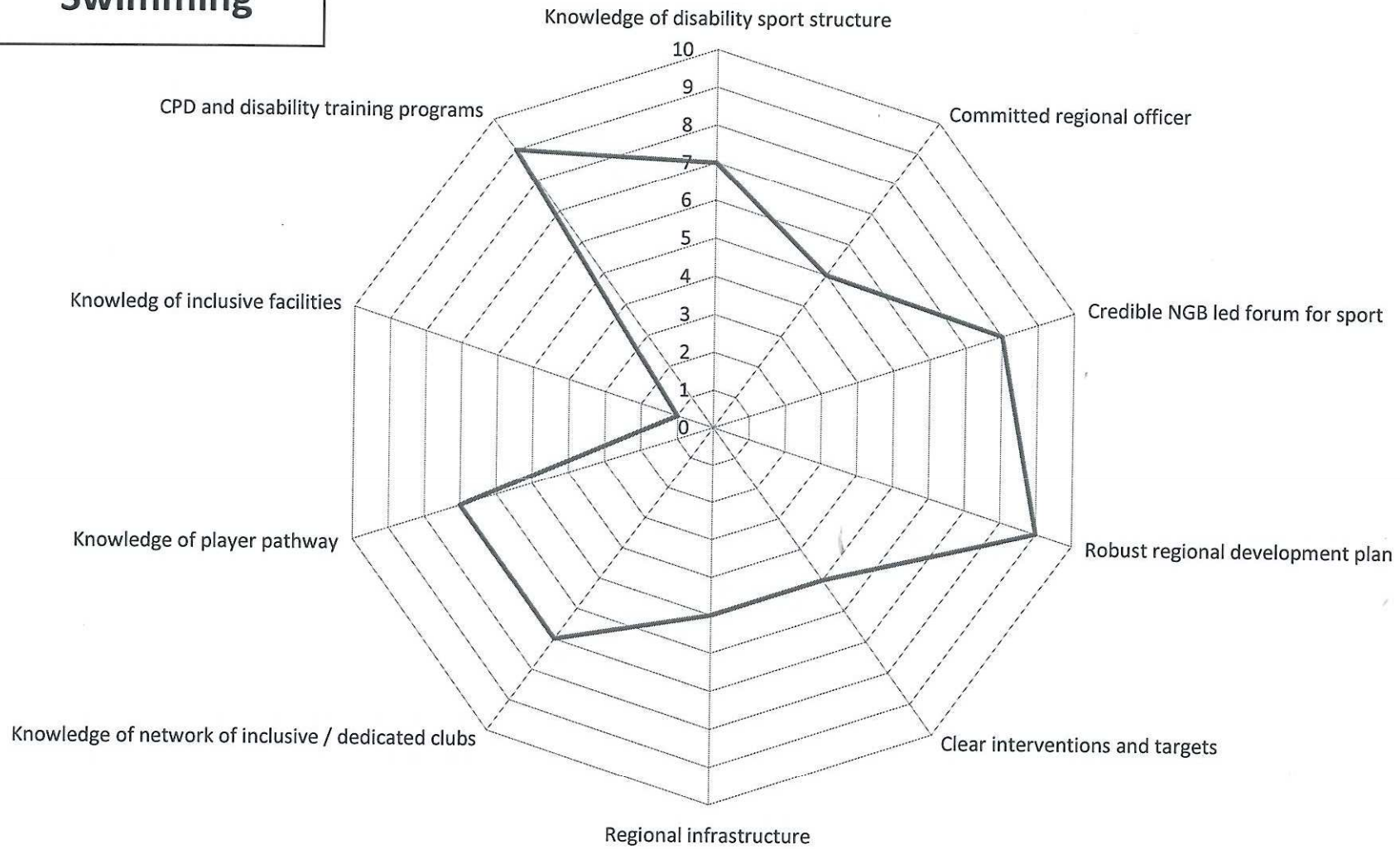


# Feedback..



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# Swimming



# Next steps



- Each NGB will get their form back in electronic format
- Feedback at next NGB Forum
- RDO list
- Training / workshops
- Come and see us!!



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# EFDS Website

## [www.efds.co.uk](http://www.efds.co.uk)



- Further support
- News / developments
- Information on current activity
- SUPPORT not policing



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# Questions????



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# Active People Survey



- ‘Disabled People are half as likely as their non disabled peers to participate in sport and physical activity’.
- EFDS objectives are to increase participation in sport among disabled people from 7% in 2007-8 to 11% in 2013.





Thank you...



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